



HOLON WELLNESS PRESENTS

# TAEKWON-DO CAMP

Who: Open to students ages 6 and up (younger with instructor approval)

What: Taekwon-do and weapons camp including: Bo Staff, Nunchuks, Board Breaking, Padded Sword, TKD games/drills and more!

Where: Cole Fusion Fitness - 1070 Bannock St. Denver, CO 80204

When: December 19-23, 2011. 10:00 AM-12:00 PM

Cost: Pre-register by Dec. 1, 2011 - \$150. After Dec. 1, 2011 - \$175

-All participants get to take home padded nunchuks.



Contact: Daniela Hogle - 303.691.3798 - daniela@holonwellness.com

-www.holonwellness.com-

Send completed form and payment to: Holon Wellness - 5765 W. Elmhurst Dr. Littleton, CO 80128

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Student Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Total Amount Enclosed (Add \$30 for optional uniform): \_\_\_\_\_

I/we hereby assume all responsibility to participate in classes. I/we waive any and all claims of injury, damages, or loss to myself or personal property and hold no one responsible for any accident or injury associated with this physical activity. I/we agree to hold harmless Holon Wellness, Cole Fusion Fitness, Washington Street Community Center, Bryce Hogle, Daniela Ebersberg-Hogle, it's principals and agents, representatives, employees, and students from any and all claims.

Furthermore, I/we know of no impairment of deficiency in physical health or otherwise that would limit or prohibit participant from participation in practice sessions, lessons, and/or game competition. I/we agree to make known to the instructor(s) and studio officials any change in physical health or any other consideration that would limit participation.

Parent/Guardian/Participant Signature: \_\_\_\_\_